



PATIENT INSTRUCTIONS FOR PELVIC AND ABDOMINAL ULTRASOUND SCAN

MORNING APPOINTMENTS 8:00 A.M. TO 11:00 A.M.

1. Please fast (no food) after midnight prior to your scan.
2. You may drink water, tea, or coffee the morning of the appointment but do not use any dairy products such as milk or creamers. Do not drink fruit juices.
3. You may take any medications that you normally do with water.
4. Please take 2 Gas-X tablets (over the counter) one hour prior to your appointment.

Special note: Diabetic patients may have toast or crackers in the morning with their medication.

AFTERNOON APPOINTMENTS AFTER 11:00 A.M.

1. You may have a light breakfast (eggs, toast, dry cereal – no foods that will cause gas) .
2. You may drink water, tea or coffee but do not use any dairy products such as milk or creamers. Do not drink fruit juices.
3. You may take any medications that you normally do with water.
4. Please take 2 Gas-X tablets (over the counter) one hour prior to your appointment.