

# Are you at risk for Peripheral Arterial Disease?



CENTER FOR  
**Vascular  
Medicine**

## Screening and Assessment

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Primary Care DR \_\_\_\_\_

Today's Date \_\_\_\_\_

When you walk or exercise, do you experience aching, cramping or pain in your arms, legs, thighs or buttocks?

Yes  No

Does the pain subside with rest?

Yes  No

If you answered Yes to #1, when do you feel the pain:

- After walking 1 block                       After walking 100 yards  
 Climbing a flight of stairs                       Walking at increased speed

Do you have any painful sores or ulcers on your legs or feet that aren't healing?

Yes  No

Have you ever had surgery, stents or balloon procedures in your heart, kidneys, legs, abdomen or arms?

Yes  No

Are your legs discolored or bluish?

Yes  No

### Risk Factor Assessment

Do you have (check all that apply):

- Smoking History/ Date Quit \_\_\_\_\_  
 Diabetes  
 Coronary Artery Disease  
 High Cholesterol  
 Previous Stroke/ TIA  
 High Blood Pressure  
 Age > 50

### ABI Test Results

Left ABI _____ <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal		Right ABI _____ <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal
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